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Sponsoring Organization

Since 1972, Tarzana Treatment Centers has offered detoxification, residential rehabilitation, and outpatient services for adults and youth with substance abuse and co-occurring mental health disorders. Tarzana Treatment Centers is Joint Commission accredited.

For further information regarding treatment services call 1-800-996-1051

Addressing Mental Health and Addiction Issues in the Digital Age

6.0 CE Credits Available

Continental Breakfast and Lunch Included

ONLY \$95!

Friday, December 1, 2017

This event will sell out. Sign up early.

Luxe Hotel • 11461 Sunset Blvd. • Los Angeles, CA 90049-2031

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Tarzana Treatment Centers and Professional Psych Seminars present

Addressing Mental Health and Addiction Issues in the Digital Age

Friday, December 1, 2017

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This one-day conference will address the impact of digital technology on our lives. The development of digital apps and social media has impacted how we interact with the world around us and how we interact with one another. Mental health professionals need to understand this change better and learn how digital technology can be used beneficially in treatment. In the morning, Robert Weiss, LCSW, CSAT will discuss the effects of technology on relationships and sexuality and provide insights into how we can better assess and work with families and young people in digital age. In the afternoon, Alex Lerza, LMFT, CSAT will address how clinicians need an integrated online/offline treatment approach to give the greatest opportunity for patients to heal. This afternoon presentation will mostly focus on current digital tools and how to use them in everyday clinical settings. Please join us for a day of learning at the Luxe Hotel in Bel Air. Your registration fee includes 6.0 CE credits, a continental breakfast, sit-down lunch, and afternoon snacks.

Objectives:

- Describe how to assess compulsive and addictive online behaviors.
- List two common apps used by young people to develop intimate relationships.
- List two of the latest digital trends or tools in behavioral health.
- Describe a personal framework for how and when to incorporate digital tools.

Host:



Ken Bachrach, Ph.D.
Clinical Director
Tarzana Treatment Centers

Presenters:



Robert Weiss LCSW, CSAT
Addiction and Sexology Expert
Author and
Educator



Alex Lerza, LMFT, CSAT
CEO/Co-Founder
of rTribe Online Counseling
and Coaching Platform

For additional information call toll-free 1-877-777-0668 e-mail: info@psychsem.com

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www.psychsem.com

- 8:30 – 9:00 **Registration and Continental Breakfast**
- 9:00 – 9:10 **Welcome and Introduction** – Ken Bachrach, Ph.D., Clinical Director, Tarzana Treatment Centers
- 9:10 – 10:30 **The Effects of Technology on Relationships and Sexuality** – Robert Weiss, LCSW, CSAT-S
- Understanding family therapy in a digital age
 - Generational and cultural differences in the 21st century
- 10:30 – 10:45 **Break**
- 10:45 – 12:00 **The Effects of Technology on Relationships and Sexuality** – Robert Weiss, LCSW, CSAT-S
- 21st century challenges to relationship intimacy
 - Dating, hooking up and apps
- 12:00 – 1:00 **Lunch** (included with registration)
- 1:00 – 2:15 **The Future of Behavioral Health: Harnessing the Power of Technology to Heal** – Alex Lerza, LMFT, CSAT
- Interactive presentation on cutting edge apps, tools and research for behavioral health technologies
 - Integrating on/offline interventions in the digital age
- 2:15 – 2:30 **Break**
- 2:30 – 4:00 **The Future of Behavioral Health: Harnessing the Power of Technology to Heal** – Alex Lerza, LMFT, CSAT
- Pros and Cons of online tools vs. offline approaches
 - How digital tools can increase revenue, efficacy and flexibility for your practice

6.0 CE Credits for Psychologists, LCSWs, LMFTs, LEPs, LPCCs, Nurses, and Drug and Alcohol Counselors

Continuing Education Credit provided through Professional Psych Seminars

Psychologists: PPS is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. PPS maintains responsibility for this program and its content.

Nurses: PPS is approved by the California Board of Registered Nursing, provider number CEP 11823.

LMFTs, LCSWs, LEPs, and LPCCs: The CA BBS will recognize and accept CE classes that are sponsored by providers approved by APA, ASWB, and NBCC. PPS is an approved CE provider for all three of these entities.

Social Workers: PPS provider # 1213, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Professional Psych Seminars maintains responsibility for the program.

Drug and Alcohol Counselors: PPS is approved by the California Consortium of Addiction Programs and Professionals (CCAPP), provider number 2N-97-346-17.

Space is limited - sign up today!

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Or Mail to:
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Professional Psych Seminars' helpful staff is always available to answer your questions or supply you with additional information Mon. – Fri. from 9:00 A.M. – 5:00 P.M. Call us toll-free **1-877-777-0668** e-mail: info@psychsem.com