#### 18646 Oxnard Street • Tarzana, CA 91356





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# Integrated Healthcare Sponsoring Organization

Since 1972, Tarzana Treatment Centers has offered detoxification, residential rehabilitation, and outpatient services for adults and youth with substance abuse and co-occurring mental health disorders. Tarzana Treatment Centers is Joint Commission accredited. **For further information regarding** 

treatment services call 1-800-996-1051

# New Directions in Mental Healthcare Services: Telemental Health and Building Resilience

6.0 CE Credits Available Continental Breakfast and Lunch Included

#### **ONLY \$95!**

Thursday, November 10, 2016 This event will sell out. Sign up early. Luxe Hotel • 11461 Sunset Blvd. • Los Angeles, CA 90049-2031

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Tarzana Treatment Centers and Professional Psych Seminars present

### New Directions in Mental Healthcare Services: Telemental Health and Building Resilience

Thursday, November 10, 2016

Luxe Hotel • 11461 Sunset Blvd. • Los Angeles, CA 90049-2031

This one-day conference will examine changes in the mental healthcare landscape by focusing on (1) delivering services through telemental health rather than in person; and (2) building resilience rather than just reducing symptoms. In the morning, Dr. Marlene Maheu will provide a practical overview of telemental health laws, techniques and strategies, ethical issues, boundaries, competencies and supervision. In the afternoon, Dr. Stephen Sideroff will present a comprehensive model of resilience that considers all the factors that influence optimal adaptation and functioning, including recovery from stress. While most concepts of resilience focus on recovery from trauma and adversity, this model takes into account one's resistance to managing stress, as well as the evolutionary mismatch of our stress and survival response. Join us for a day of learning at the Luxe Hotel in Bel Air. Your registration fee includes 6.0 CE credits, a continental breakfast, sit-down lunch, and afternoon snacks.

Objectives:

- Outline at least five specific issues to address in the informed consent process when using technology
- Identify three legal best practice issues for working online
- Identify two factors that interfere with resilience
- List the components of the comprehensive model of resilience

#### Host:



Ken Bachrach, Ph.D Clinical Director Tarzana Treatment Centers



Marlene M. Maheu, Ph.D. Licensed Psychologist Executive Director, TeleMental Health Institute, Inc.



**Stephen Sideroff, Ph.D.** Licensed Psychologist Assistant Clinical Professor, UCLA

For additional information call toll-free 1-877-777-0668 e-mail: info@psychsem.com

# New Directions in Mental Healthcare Services: Telemental Health and Building Resilience

Thursday, November 10, 2016

1031 TARZANA TREATMENT CENTERS Integrated Healthcare www.TarzanaTC.org



Luxe Hotel • 11461 Sunset Blvd. • Los Angeles, CA 90049-2031

8:30 - 9:00 9:00 - 9:10 9:10 - 10:30	<ul> <li>Registration and Continental Breakfast</li> <li>Welcome and Introduction – Ken Bachrach, Ph.D., Clinical Director, Tarzana Treatment Centers</li> <li>Telemental Health Legal and Ethical Practices: Dos and Don'ts – Marlene M. Maheu, Ph.D.</li> <li>Definitions and History of Telemental Health</li> </ul>
10:30 - 10:45	Legal issues, HIPAA and HITECH Break
10:45 - 12:00	<ul> <li>Telemental Health Legal and Ethical Practices: Dos and Don'ts – Marlene M. Maheu, Ph.D.</li> <li>Informed Consent and Documentation Requirements</li> <li>Handling Emergencies</li> </ul>
12:00 - 1:00	Lunch (included with registration)
1:00 - 2:15	<ul> <li>Comprehensive Model for Developing Resilience – Stephen Sideroff, Ph.D.</li> <li>The Challenge of Being Resilient</li> <li>Defining a comprehensive nine component model of resilience</li> </ul>
2:15 - 2:30	Break
2:30 - 4:00	<ul> <li>A Comprehensive Model for Developing Resilience – Stephen Sideroff, Ph.D.</li> <li>Teaching tools to train greater resilience along the nine dimensions</li> </ul>

#### 6.0 CE Credits for Psychologists, LCSWs, LMFTs, LEPs, LPCCs, Nurses, and Drug and Alcohol Counselors

### Continuing Education Credit provided through Professional Psych Seminars

**Psychologists:** PPS is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. PPS maintains responsibility for this program and its content.

Nurses: PPS is approved by the California Board of Registered Nursing, provider number CEP 11823.

LMFTs, LCSWs, LEPs, and LPCCs: PPS is an approved provider of continuing education by the California Board of Behavioral Sciences, provider number PCE 5. This course meets the qualifications for CE credit for LMFTs, LCSWs, LEPs, and LPCCs as required by the BBS.

Social Workers: PPS provider # 1213, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Professional Psych Seminars maintains responsibility for the program.

Drug and Alcohol Counselors: PPS is approved by the California Consortium of Addiction Programs and Professionals (CCAPP), provider number 2N-97-346-17.

<b>Space is limited - sign up today!</b> FAX: 805-371-7443	Or Mail to: 9668 Professional Psych Seminars P.O. Box 3174 Thousand Oaks, CA 91359-0174
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Professional Psych Seminars' helpful staff is always available to answer your questions or supply you with additional information Mon.– Fri. from 9:00 A.M. – 5:00 P.M. Call us toll-free 1-877-777-0668 e-mail: info@psychsem.com