

What is the My Health LA program?

- **My Health LA** is a **NO-COST** health care program for low-income residents of Los Angeles County who do not have health insurance.
- **My Health LA** is a program where members can get ongoing, quality health care from a team of health care providers at **Tarzana Treatment Centers**
- **My Health LA** is a way for uninsured County residents to get healthy and stay healthy!

You are eligible for My Health LA

My Health LA is for people:

- ✓ Who live in Los Angeles County
- ✓ Age 6 and older
- ✓ Meet income requirements
- ✓ Lack or not eligible for health insurance

My Health LA is **NOT** health insurance—
If you have health insurance, do not drop it!

How can I find out if I am eligible? Where I can enroll?

- Call **Tarzana Treatment Centers** in advance at **661-729-4829** to schedule an appointment or to enroll. We are enrolling and accepting new patients. It is free to apply!



What health care can I get though **My Health LA**?

- **My Health LA** members get **FREE** basic medical care that includes:
 - ✓ Ongoing Primary Preventive Care and Health Screenings
 - ✓ Health Information and Advice
 - ✓ Specialty Care at Department of Health Services (DHS)
 - ✓ Hospital and emergency care at DHS clinics and hospitals
 - ✓ Prescription Medicines
 - ✓ Laboratory Services and Tests
 - ✓ Other Related Health Care Services



What are some of the benefits of **My Health LA**?

- **My Health LA** is patient-centered care. Members will choose **Tarzana Treatment Centers** as your Medical Home, and will receive ongoing care at that clinic throughout the year. You may only have one Medical Home clinic in the My Health LA program.
 - ✓ A **Medical Home** is a clinic where patients see a primary care doctor or a nurse who knows their patients and understands their medical history
 - ✓ Call **Tarzana Treatment Centers** today at **661-729-4829** to enroll and schedule an appointment
- **My Health LA** members can make their own appointments.
- You don't have to wait until you are sick to get medical care—you can get free check-ups and preventive care at **Tarzana Treatment Centers**
- You get an ID card to show you are a member of **My Health LA**