Since 1972, Tarzana Treatment Centers has provided high-quality, affordable treatment services to adults and youth with substance abuse and behavioral health problems. We offer the full range of comprehensive behavioral health services utilizing a staff of caring professionals who are experts in the field. All facilities are licensed and certified by the State of California and the County of Los Angeles.

Our professional staff consists of:

- Physicians
- Psychiatrists
- Psychologists
- Licensed Clinical Social Workers
- Licensed Marriage and Family Therapists
- Registered Nurses
- Case Managers
- Certified Chemical Dependency Counselors
- Recreational Therapists
- Child Development Specialists
- Vocational Counselors
- Registered Dietitians

We accept private health insurance and are a preferred provider for most managed care companies, medical groups, behavioral healthcare groups, HMO’s and PPO’s.

Tarzana Treatment Centers offers free confidential, clinical assessments. We are available 24 hours a day, seven days a week for clinical assessment or immediate admission.

Call our Assessment and Referral office at: 800-996-1051
Visit our website: www.TarzanaTC.org
Treatment for Substance Abuse and Co-occurring Mental Health Disorders

Residential Rehabilitation

The Partial Hospitalization program is designed for patients who require more than outpatient but less than inpatient care. Patients participate in a comprehensive, customized treatment program, up to seven days a week and up to eight hours a day.

- Individual and group counseling
- Treatment for substance abuse and co-occurring mental health disorders
- Relapse prevention
- Individual therapy as appropriate
- Specialized groups focused on co-occurring disorders
- Drug testing

Youth Services

The Youth Services Program is tailored to the unique behavioral, family and academic problems youth experience with substance abuse, and mental health disorders.

- Individual and group counseling
- Family involvement
- Accredited, on-site schools
- Social and recreational programs
- Youth-oriented introduction to the concept of 12-step meetings and activities
- Treatment for substance abuse and co-occurring mental health disorders

Outpatient Services

Outpatient services offer structured treatment programs for adults and youth with substance abuse as well as other co-occurring psychological problems. Outpatient treatment includes:

- Individual, couple, family and group therapy
- Educational recovery and relapse prevention groups
- Introduction to 12-step philosophy
- Access to community resources
- Treatment for substance abuse and co-occurring mental health disorders
- Domestic violence services for men and women
- Parenting groups and integrated family services

Specialized Services for Women, and Women and Their Children

The philosophy and structure of this program is similar to our Residential Rehabilitation program and is designed specifically for women, women and their children, and families. Experienced staff works with pregnant and postpartum women and their children. Special services include:

- On-site therapeutic nursery
- Parenting education
- Family counseling
- HIV/AIDS education
- Mother/child case management
- Play group for the children
- Treatment for substance abuse and co-occurring mental health disorders

Medication Assisted Treatment

New medications have been developed in recent years to assist in the treatment of addictive disorders. These medications are used in conjunction with treatment in all of our levels of care.

- Vivitrol
- Buprenorphine – Subutex and Suboxone
- Methadone
- Buprenorphine – Subutex and Suboxone
- Nicotine Replacement Therapy

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