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Women and Children's Services

The Women and Children's Services Program was established in May of 1988 at Tarzana Treatment Centers, Inc. (TTC) Tarzana facility in response to identified community needs.

The Women and Children's Program is a highly structured treatment modality that serves a wide array of individuals with a variety of special needs. Each patient is thoroughly assessed at the time of admission by the multi-disciplinary team. The results of this assessment aid in the establishment of an individualized treatment plan. The length of time a patient spends in the program varies according to the identified needs of the individual, but can last anywhere from 30 to 365 days..



We are accredited by the Joint Commission on Accreditation of Health Care Organizations.



For further information call:
1-800-996-1051
www.TarzanaTC.org

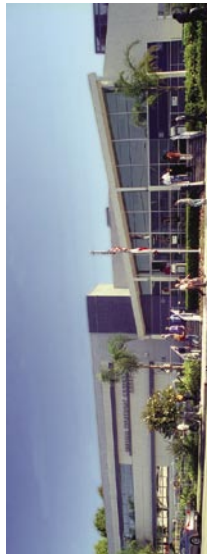
18646 Oxnard Street, Tarzana, CA 91356

A Los Angeles County and State of California Contract Agency. Partially Funded by the Drug Program Plan of the County of Los Angeles. Rules for Acceptance and Participation in the Program are the same for Everyone Without Regard to Race, Color, National Origin, Age, Sex, or Handicap.

2-2010



18646 Oxnard Street, Tarzana, CA 91356



RESIDENTIAL TREATMENT PROGRAM

Special Services for Women and Children



The treatment team responsible for service delivery is a highly skilled group of individuals, who have demonstrated expertise in working with this population. They include a designated Program Supervisor, certified Chemical Dependency Counselors, Nursing personnel, a Nursery Coordinator, and licensed Mental Health Professionals.

In addition to comprehensive and intensive chemical dependency recovery treatment, the program provides a variety of other specialized components including:



Supervised Cooperative Nursery

Dependent upon availability, program participants may bring up to two pre-school age children with them into the program. In order to assure the proper supervision of these children, the program established a Cooperative Nursery Program. This on-site facility is administered under the supervision of the program's Nursery Coordinator.

Parenting Classes

As improving parenting skills and enhancing parent-child relationships are an important part of the recovery process, patients participate in a mandatory eight-part parent education class as part of their treatment program. In addition, in an effort to provide ongoing experiential learning opportunities, patients also spend 8 hours per week doing supervised volunteer work in the Cooperative Nursery.

Medical Services

Through our on-site Primary Medical Clinic parents and their children receive a broad array of medical services, including a complete medical History and Physical Examination, immunizations, periodic or as-needed check-ups, pediatric care, and prescription services.

Play Group Therapy

This special group is an opportunity for children who are living with their mother in treatment to utilize play and art modalities as a means to process feelings, recover from trauma, and make a successful transition to their new living situation. It is also a time to assess the needs of each child. When children present with developmental delays or severe emotional disturbance the counselor will make referrals to community providers for further assessment and treatment.

Mommy and me

This group is designed to facilitate attachment between a mother and her child or children. Often bonding has been interrupted due to the child's out of home foster placement, neglect, abuse or other aspects of the parent's addiction. This is an opportunity of focus on building the relationship between mother and child and to teach the mother how to interact and play with her child. The facilitator introduces a weekly activity or outing and models engaged play.

Mental Health Services

Patients serviced under this program are eligible to receive specialized mental health services. Participating patients and their children may receive assessment and individual psychotherapy on a weekly basis. These services are provided by mental health interns and trainees who work under the supervision of a licensed mental health professional.



Sexual Abuse Survivors group

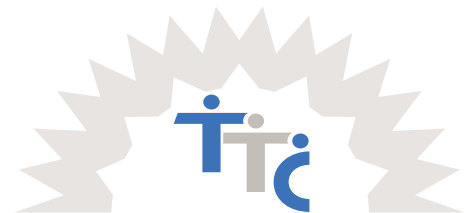
This treatment group is only open to women who have survived childhood sexual abuse and/or sexual assault as an adult. Recent studies confirm that the majority of substance abusing women have experienced sexual abuse. Some of these studies report rates as high as 74%. This essential group provides clients an opportunity to process feelings resulting from sexual trauma. It also provides tools and strategies to manage acute symptoms such as flashbacks, dissociation, hypervigilance and nightmares.

Vocational Rehabilitation Services

As the ultimate goal of program participation is movement towards clean and sober self-sufficiency, all patients lacking career skills participate in a mandatory employment readiness program. Upon completion of this portion of the program, our in-house Vocational Specialist assists patients in work-search/placement activities.

Case Management Services

As appropriate our skilled staff initiates and maintains contact and collaborates with a variety of outside resources and government entities. These may include, but are not limited to GAIN, Department of Mental Health, Department of Public Social Services, Department of Children and Family Services, Municipal and Family Courts, medical providers, housing agencies, daycare centers and adult schools.



TARZANA TREATMENT CENTERS

Integrated Healthcare

Tarzana Treatment Centers

Residential Services - Women & Children
2101 Magnolia, Long Beach CA 90806

Tarzana Treatment Centers Main Office:

18646 Oxnard Street, Tarzana, CA 91356

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