

Tarzana Treatment Centers

The Youth Services Department of Tarzana Treatment Centers offers full-service, comprehensive substance abuse treatment programs. We serve patients from 12 through 17 years of age and, as appropriate, transitional-age youth from 18 to 23. Our philosophy is that providing youth with support, education, and structure will empower them to make healthier choices in their lives. We believe strongly in the importance of family involvement, which is encouraged throughout all phases of treatment. Each treatment plan is individualized and is based on a comprehensive bio-psychosocial assessment. Youth in any of our programs may take advantage of all of our appropriate services.



We are accredited by the Joint Commission on Accreditation of Health Care Organizations.



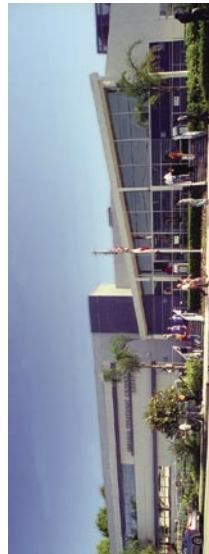
For further information call:
1-800-996-1051
www.TarzanaTC.org

18646 Oxnard Street, Tarzana, CA 91356

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Youth Programs



Youth Services Programs

Youth in any program may take advantage of all of our appropriate services. Our comprehensive programs encompass multiple levels of care, including the following high-quality services:

- Detoxification
- Residential Treatment
- Day Treatment
- Short and Long-Term Intensive Outpatient Therapy
- Accredited On-site School
- Dual Diagnosis Program for Substance Abuse and Mental Health
- Case Management



Treatment

Through our various programs and services, we provide our young clients and their families with traditional, as well as innovative, treatment modalities. These include:

- Psycho-educational Groups
- Process Groups
- Art Therapy
- Recreation Therapy
- Family Therapy and Support Groups
- Multi-family Groups
- Parenting Classes
- On-site Schools
- Psychiatric Services

All of our programs encourage family participation in family therapy and family support groups, when appropriate. In addition, youth in all of our programs are given random drug tests throughout their treatment.

Outpatient Services

Designed for youth needing less intensive treatment, our Outpatient Program offers treatment two to three days per week for about one to two hours per day.

Intensive Outpatient Treatment

Tarzana Treatment Centers' Intensive Outpatient Treatment Program is ideal for youth who are functioning well enough to remain in school and/or their home, but require more intensive treatment. Youth in this program attend three to four days per week for up to three hours per day.

Day Treatment/Partial Hospitalization

Tarzana Treatment Centers' Day Treatment program provides youth with intensive treatment five days a week. This program is ideal for youth who are not succeeding in their current school or for youth who are transitioning back to school from residential treatment or other structured living facilities. Five days a week, each patient attends our on-site Accredited School, in addition to regular group, individual, and family counseling sessions.

Residential Treatment

This level of care is designed to remove youth from unproductive environments and integrate them into a drug free, therapeutic environment 24 hours a day, seven days a week. While in residential treatment, youth will learn how to manage their day-to-day lives free of substance abuse. They will participate in individual and group counseling, 12-Step meetings and social activities designed to teach alternatives to drug use. The goal of residential treatment is to stabilize youth and provide them with skills that will allow them to return home or move to another appropriate living environment.



Detoxification

Tarzana Treatment Centers recognizes that it is only in rare circumstances that youth require detoxification services. When appropriate, this intensive level of care is provided in an inpatient setting that is designed to safely detoxify the patient from substances, under medical supervision. Detoxification includes medical treatment, participation in therapeutic activities, individual and group therapy, psychiatric services, an introduction to the 12-Step philosophy and planning for treatment at the next level of care.

School Program

Our on-site special education schools are fully accredited. Full-time school attendance is available for any youth currently receiving treatment from Tarzana Treatment Centers.



Staff

Our highly trained staff are youth specialists and are made up of:

- Child Psychiatrists
- Psychologists
- Marriage/Family Therapists
- Clinical Social Workers
- Chemical Dependency Counselors
- Special Education Teachers

Referrals

Referrals to the Youth Services Programs can be made individually, by families or through school counselors, teachers, community-based organizations, residential treatment programs and shelters, among other sources. We accept private health insurance and are a preferred provider for most managed care companies, medical groups, behavioral healthcare groups, HMO's and PPO's. We are available 24 hours a day, seven days a week for a clinical assessment or immediate admission.